

# Your guide to PESTS

English/Svenska



### PESTS - AN URGENT PROBLEM

It is becoming increasingly common to have the domestic peace disturbed by pests such as cockroaches, carpet beetles, silverfish, bedbugs and flour beetles. It is a growing problem in apartment buildings as well as houses and townhouses

The most common ways to get pests into your home is when they arrive with you after holiday-trips in Sweden or abroad, or when you have visited an infested home.

We want to break this trend. This requires that we all work together.

### HELP US GET RID OF PESTS

- Report if you have pests as soon as possible.
- Make the apartment ready for sanitation.
- · Respect agreed appointments.
- Follow the instruction you receive from the decontamination company.

Remember – if you suspect that you have pests in your apartment, you are obliged to report it according to the Rental Law.

# IF YOU SUFFER FROM PESTS

Contact our partner Anticimex immediately after the first discovery. The sanitization of pests is free for you as a tenant at Förvaltaren.

You file a pest report to Anticimex at: 075-245 10 00.

If you suspect that you have pests, you should immediately:

- Dispose of all contaminated grocery.
- · Clean shelves and boxes carefully.
- · Wash infected textiles.

Do not try to get rid of the pests by yourself. For example, if you use insecticide spray against cockroaches, there is an increased risk that they will instead spread to your neighbours.

It is important, both for you as a tenant and for us as a landlord, that action is taken quickly and efficiently after the first discovery, in order to prevent further spread.

For more information and tips, visit Anticimex website www.anticimex.se.



### **PREVENT PESTS**

If you are suffering from pests, it is important to maintain a good level of hygiene to prevent them from multiplying. Pests don't thrive in clean and dry areas. A tip is to clean thoroughly a few times a year.

- Remove kitchen cabinets and drawers. Clean shelves, drawers and behind the stove.
- Clean behind other kitchen equipment that can be withdrawn.
- Vacuum skirting boards around the whole apartment with a narrow nozzle.
- · Clean all crevices.

Remember to wash all cleaning supplies, both before and after cleaning.

### TIPS ON YOUR JOURNEY

- Look under the bed. Black dots are signs of bed bugs. If you find these traces change room.
- Keep suitcases far from the bed, or sofa and don't leave them on the floor. Never store them under the bed.
- Leave clothes in the suitcase and keep all luggage closed.



# WHEN YOU COME HOME

- Put all your laundry in plastic bags and seal tightly.
- Wash all clothes after the journey, or put them in the drying cabinet at 60°C, or in the tumble dryer for 50 minutes. You can also put your things in the freezer for seven days.
- Clean your luggage. Vacuum the suitcases and place the dust bag in the freezer for seven days before you dispose of it.

# IF YOU BUY SECOND HAND

If you buy second hand textile furniture or clothes, inspect them carefully. You never know where they've been, or if the former owner had bed bugs at home.

Never take home discarded furniture that you find as bulky waste. There is a great risk that such furniture is infected with bed bugs.



### **BIGGER PESTS**

Rats and mice are also counted as pests. Therefore, do not feed birds from the balcony or the patio – the spilled food attracts rats and mice.

# IMPORTANT TO KNOW

Keep in mind that as long as there are pests in your apartment, you cannot change to a different apartment at Förvaltaren.

If you choose to terminate your tenency agreement you are, according to the Rental Law, obliged to provide three months notice.

# **DO YOU HAVE ANY QUESTIONS?**

Contact us at 08-706 90 00, or visit www.forvaltaren.se for more information in several languages.